

51st ANNUAL CONFERENCE OF THE IPS – NORTH ZONE 2026

SEPTEMBER 26, 2026

PUNJAB INSTITUTE OF MEDICAL SCIENCES, JALANDHAR

THEME: **EMERGENCY PSYCHIATRY**

01

DAY 1

(SEPTEMBER 26, 2026)

	Hall -A (LT-1)	Hall – B (LT-2)	Hall - C
8.00 am – 9.00 am	Registration Preliminary Round of PG Quiz (Hall – C) Preliminary Round of “3 Minute Contest” (Hall – B) (If needed)		
9.00 am – 10.30 am	Inauguration (Hall – A)		
10.30 am – 11.00 am	High Tea		
11.00 am – 11.45 am	Presidential Address (Hall – A) <i>“Psychiatry Beyond Treatment”</i> <i>Speaker: Dr V.D. Meel</i> Chairpersons: Dr Rajesh Sagar Dr Deepali Gul		
11.45 am – 12.30 pm	Dr N.N. Wig Oration (Hall -A) <i>Speaker: Dr Sandeep Grover</i> <i>“Psychiatric Emergency Care in India: The Missing Link in Mental Health Care”</i> Chairpersons: Dr Arun Marwale Dr VD Meel Dr Gulbahar Sidhu		
12.30 pm – 1.30 pm	Dr G.D. Koolwal Award Session Chairpersons: Dr Hitesh Khurana Dr Roop Sidana	Dr R.K. Solanki Memorial Award Session Followed by BPSSJ Award Session: Chairpersons: Dr P.D. Bansal Dr Dinesh Sharma	
	Dr V.D. Meel Poster Award Session Chairpersons: Dr. Rajeev Aggarwal Dr. Tushar Jagawat		
1.30 pm – 2.00 pm	Lunch		
2.00 pm – 3.45 pm	<u>Theme Symposium</u> The Suicidal Patient in the Emergency Room: From Risk Assessment to Immediate Intervention <i>Dr Siddharth Sarkar</i> Psychiatric		

	Emergencies Related to Substance Use <i>Dr Debasish Basu</i> The MHCA in the Context of Psychiatric Emergencies <i>Dr Rajesh Sagar</i> Psychiatric Emergencies in Older Adults: <i>Dr Shiv Gautam</i> Chairpersons: Dr Ajit Avasthi Dr Rupesh Chaudhry Dr Manjeet Saini		
3.45 pm – 4.45 pm	<u>Workshop 1:</u> “Basics of an MD Thesis: What do we need to know?” <i>Facilitators:</i> <i>Dr Abdul Majid</i> <i>Dr Sandeep Grover</i> Chairpersons: Dr P.D. Garg Dr Rajiv Arora Dr Aman Sood	<u>Symposium 1:</u> Paediatric Psychiatric Emergencies: From Diagnostic Uncertainty to Safe Disposition <i>Dr Himanshu Sareen</i> <i>Dr Sumeet Kaur Madaan</i> <i>Dr Ravneet Kaur</i> Chairpersons: Dr Khushbinder Singh Dr Sandeep Bhola	
4.45 pm – 5.30 pm	<u>Invited Lecture 1:</u> Mental Health Crises amongst Health Professionals <i>Dr Raman Deep</i> Chairpersons: Dr Manaswi Gautam Dr Sanjeev Lochan Dr Pankaj Kumar		
5.30 pm – 5.45 pm	<u>Tea</u>		
5.45 pm onwards	Annual General Body Meeting		
7.30 pm onwards	Gala Dinner		

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02

DAY 2

(SEPTEMBER 27, 2026)

	Hall – A (LT-1)	Hall – B (LT-2)	Hall - C
8.00 am – 9.00 am	<u>PG Quiz (Final Round)</u> Quiz Masters: <i>Dr Shri Gopal Goyal</i> <i>Dr Shivangi Mehta</i> <i>Dr Jawahar Singh</i>	<u>Free Paper Session (Oral)</u> Chairpersons: Dr Purav Midha Dr Pankaj Kumar	
8.00 am – 9.00 am	<u>Free Poster Session</u> Chairpersons: Dr Javid Ahmad Sheikh Dr Jaswinder Kaur		
9.00 am – 10.30 am	<u>Workshop 2:</u> Understanding Delirium <i>Dr Sandeep Grover</i> Chairpersons: Dr Aparna Goyal Dr Deepak Raheja		
10.30 am – 11.30 am	<u>PANEL DISCUSSION:</u> <i>Are we Managing Psychiatric Emergencies Effectively?</i> Panellists: <i>Dr Nimesh Desai, Dr Shashi Rai, Dr Abhay Matkar, Dr Ajeet Sidana, Dr Manmeet Singh</i> Moderators: <i>Dr Gulbahar Sidhu, Dr Vishal Chhabra</i>		
11.30 am – 11.45 am	<u>Tea Break</u>		
11.45 am – 12.45 pm	<u>Symposium 2:</u> (Intimacy Relationships and Mental Health) <i>Dr Rajashree Ray</i> <i>Dr Niska Sinha</i> <i>Dr Vipul Janardan</i> Chairpersons: Dr Navkiran Mahajan Dr Rajinder Mago Dr Arun Bansal	<u>Symposium 3:</u> Agitation and Violence: How to Prevent, Predict, and Manage. <i>Dr Gurvinder Pal Singh</i> <i>Dr Yogender Malik (11.45 am-12.25 pm)</i> Dissemination and lessons from WHO Community	

		Planning Questionnaire: <i>Dr Rajinder Dhamija and IHBAS team</i> <i>(12.25 pm-12.45 pm)</i> Chairpersons: Dr Sumeet Gupta Dr Jitendra Jeenger Dr Neeru Bala	
12.45 pm – 1.45 pm	<u>Symposium 4:</u> When Psychopharmacology becomes a Psychiatric Emergency <i>Dr Ranjive Mahajan</i> <i>Dr. Deepak Kumar</i> <i>Dr Swarndeeep Singh</i> Chairpersons: Dr Ashmeet Singh Dr Deepak Nanda Dr S.K. Verma		:
1.45 pm – 2.15 pm	Lunch		
2.15 pm – 3.15 pm			
	<u>Symposium 5:</u> Anxiety in the Emergency Room <i>Dr Deepali Gul</i> <i>Dr Ravjot Kaur</i> <i>Dr Kareena Arora</i> <i>Dr Shivam Tyagi</i> Chairpersons: Dr Sanjay Khanna Dr Manjit Singh Dr Ganesh Shankar	<u>“3-Minute Competition” for Early Career Psychiatrists</u> Facilitators: <i>Dr Swapnajeet Sahoo</i> <i>Dr Sunil Sharma</i> Judges: <i>Dr Sandeep Goyal</i> <i>Dr Pankaj Verma</i>	
3.15 pm – 3.40 pm	Valedictory Function		